Activities of the day:

1. **ABC Run**
   - 5km run along Persiaran Alam Damai and the Taman Connaught housing area
   - Registration fee:
     - RM30 for UCSI University students/staffs
     - RM35 for non-UCSI University students/staffs
   - Venue: Student Centre, 1st Floor, Block A
   - Reporting time: 6:00 am - 6:45 am
   - Flag-off time: 7:00 am
   - Expected arrival time: 9:00 am

2. **ABC Yoga**
   - 1.5 hour session
   - Ticket fee: RM15 each person
   - Venue: Multi-purpose Hall, 4th floor, Block A, South Wing, UCSI University, KL Campus
   - Time: 10:00 am - 11:30 am

*Food and other merchandise will also be sold on the day!
*15 ECA points will be rewarded to UCSI University students only