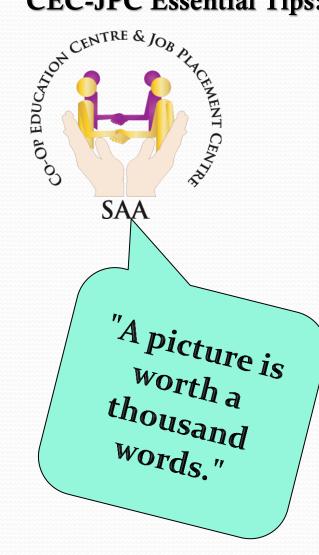


Essential Tips courtesy of CEC-JPC



By Destenie Chua





#1: Natural Best

- First impressions
 - Be yourself
 - The picture you create will greatly influence your chances of being hired.

• For men

- Wear two piece matched suit with a silk tie
- Navy and dark gray are safe and are the most conservative for men

• For women

- Wear a two-piece matched suit (pants/skirts)
- If your are wearing skirt, your skirt should cover your thighs when you are seated.



#2:Hair care

• For men

- Facial hair must freshly shaved
- The mustache or beard have to neatly groomed.
- Stay away from unusual or overly trendy facial hair styles.

For women

- Hair should be neatly combed, or properly arranged.
- If you have long hair, please tie it back.
- Tone it down if you do have an "on trend" hair style or hair color.



#3: Iron it Out

- Don't forget to iron your clothing
 - Wake up early and do necessary preparations.
 - If you are appear an interview carelessly-groomed, a potential employer may assume you are careless about other things.
 - Her/she may think you lack of initiative, may need close supervision and also may not to be good employee.

SAA

Carry a small & portable

wherever you

#4: No scent than the wrong scent

- Go easy on the perfume / cologne
 - You could be jeopardizing if your interviewer dislike the particular perfume fragrance.
 - Fragrance is very evocative; it may subconsciously give you a black mark.
 - A light scented hand lotion is acceptable for your hands.
 - You need to have nice hands for hand shake.



#5: Wear your Confidence

• Self confidence is essential

- "feel good" about the way you look and project a positive image.
- Sit quietly before the interview and run through your interview in advance, as though watching a film.
- Talk confidently and present your selling point without any doubts.
- If you are nervous, press your index finger and thumb together and say GO FOR IT.



Tune in next week for more

courtesy of CEC-JPC



