

Mental Health CAMPAIGN

1 OCT 2018 - 10 OCT 2018

**MULTI-PURPOSE HALL (MPH) • CONFERENCE ROOM •
FOYER BLOCK G • LE QUADRI BALLROOM UCSI COLLEGE**



LIST OF ACTIVITIES

Youth: Drug Abuse & Mental Health Issues	1 Oct 2018 (Monday)
Coping with Grief and Loss	2 Oct 2018 (Tuesday)
Cyberbullying	3 Oct 2018 (Wednesday)
Suicide Prevention Talk	4 Oct 2018 (Thursday)
Dance Therapy	5 Oct 2018 (Friday)
Movie Nights (Mental Health related)	1 - 5 Oct 2018 (Monday - Friday)
Sidewalk Talk	8 and 9 Oct 2018 (Monday and Tuesday)
Celebrating World Mental Health Day "Forum with Mental Health Professionals"	10 Oct 2018 (Wednesday)
Art Competition	Starting from 19 Sept - 8 Oct and Art Exhibition (10 Oct 2018)

