



Asst. Prof. Dr Satvinder Kaur
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Research Area

- Childhood nutrition
- Maternal nutrition
- Metabolic syndrome
- Chrononutrition and circadian rhythm

Selected Publications:

Influences of psychosocial factors and home food availability on healthy meal preparation
CM Ng, K Satvinder, HC Koo.. - **Maternal & Child Nutrition**, 2020

Circadian rhythm and its association with birth and infant outcomes: research protocol of a prospective cohort study
S Kaur, AN Teoh, NHM Shukri, - **BMC pregnancy and childbirth**, 2020

Community Service Projects

- Health talks for community
- Community health screening and consultation
- Nutrition education through article contributions in local newspapers and magazines.
- Cooking workshops for children



Consultancy Services

- Joy School – Nutrition Education programme among school going children

Awards and Recognitions

- Prestigious External Award by Universiti Sains Malaysia at Anugerah Persada Kencana
- Postgraduate Thesis Prize (PhD) by Nutrition Society Malaysia
- Best Guided Poster Presentation Award at International Congress on Obesity and Metabolic Syndrome & Asia-Oceania Conference on Obesity held in Seoul, Korea

