THE UNDERLYING PHENOMENA OF INTERNET ADDICTION AMONG UNDERGRADUATE STUDENTS

BY

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ABSTRACT

This phenomenological study explores the underlying issues of Internet addiction among undergraduates in Malaysia. The purpose of this research is to explore the experience and fundamental factors that motivate the undergraduates that over spend their time to indulge in Internet. A sample of seven participants was used; four from local private university, three from local public university college. The participants were undergraduate students from age 20 to 25. Seven participants were participated in this research. Therefore, a qualitative phenomenology approach was used in this research to explore their experience of their problematic Internet use. The aim of this study was to examine how the students perceived and made sense of their Internet experience in the context of their lives. According to the data, the individuals display procrastination and sleep deprivation, burn out and poor academic performance. Though, the participants indicated throughout their experiences, the Internet brought some positive changes in their life in terms of social interaction and personal development.