

Brought to you by Student Development and Counselling Department

# **STOP** SEXUAL HARASSMENT

## **WHAT IS SEXUAL HARASSMENT?**

Any sexual conduct that is unwanted or unwelcomed and may be committed physically, verbally, non-verbally, psychologically or visually and may cause the person who is harassed to feel HUMILIATED, OFFENDED or THREATENED



**CAN HAPPEN TO THE OPPOSITE GENDER OR BETWEEN THE SAME GENDER!**



**SEXUAL HARASSMENT CAN HAPPEN ANYWHERE AND TO ANYONE**

- HOME - EDUCATIONAL SETTING - WORKPLACE - SHOPPING MALL - PUBLIC PLACES - PUBLIC TRANSPORT

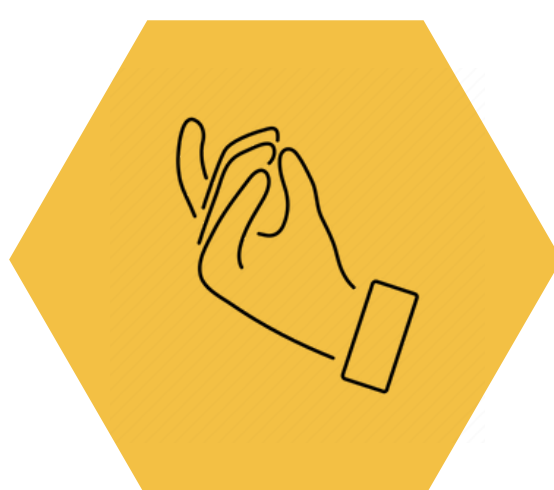
## **MANY FORMS OF SEXUAL HARASSMENT**



**Verbal**



**Physical**



**Gestural**



**Psychological**

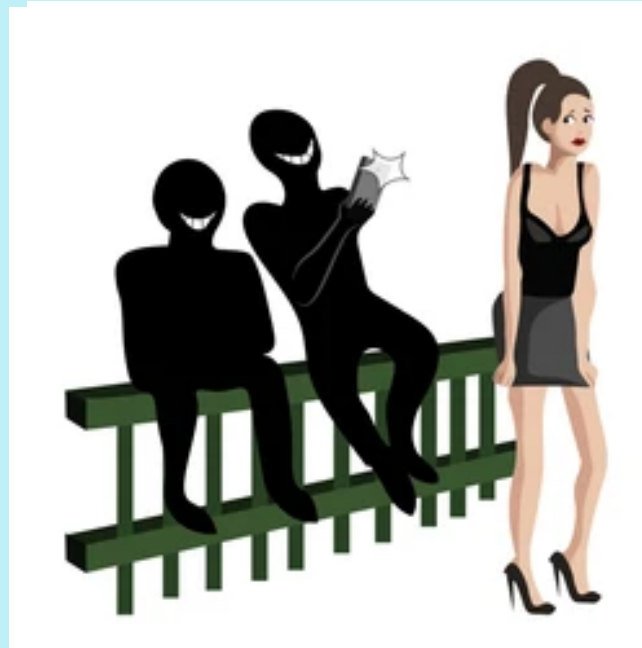


**Visual**

## EXAMPLES:



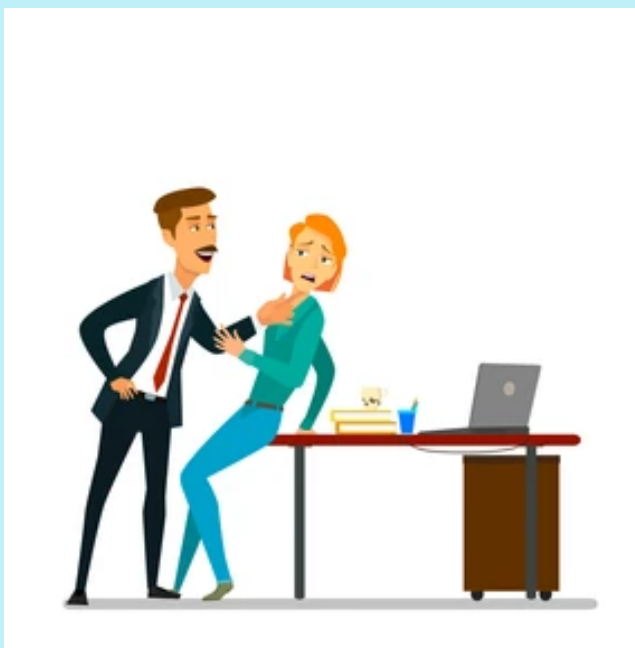
**Pat, hugging, kissed or pinched**



**Catcalling and indecent staring**



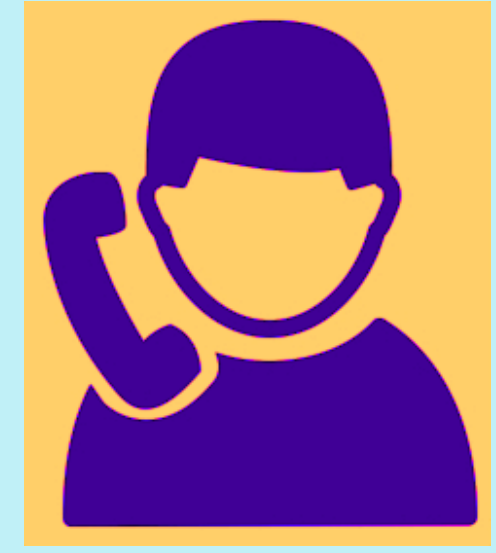
**Touching private parts of the body**



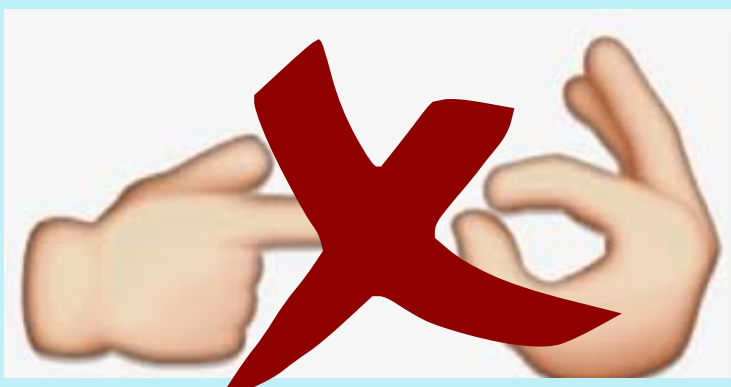
**Standing or sitting too close until it makes people uncomfortable**



**Being shown obscene material**



**Receiving sex calls or demanding someone for their phone number**



**Being shown lewd signs**



**Being forced orally or physically to have sex**



**Receiving or sending sex mail**



**Jokes using obscene language or that have sexual connotations**



**Promised gifts, good assessments and promotion if you accept sexual favour requests**



**Making sexual remarks of your body**



# MISCONCEPTIONS OF SEXUAL HARASSMENT

1. SEXUAL HARASSMENT IS SIMPLY AN EXPRESSION OF SEXUAL DESIRE
2. IT IS NOT A BIG DEAL IF A PERSON IS HARASSED. IT IS ALL DONE IN "GOOD FUN"
3. THERE IS A PROFILE OF A TYPICAL HARASSER
4. MEN CANNOT HELP THEMSELVES WHEN THEY ARE SEXUALLY AROUSED
5. IF YOU IGNORE SEXUAL HARASSMENT, IT WILL STOP
6. SOME PEOPLE JUST INTERACT IN A PHYSICAL WAY AND ARE ACCUSTOMED TO TOUCHING OTHERS, NOTHING IS MEANT BY THIS
7. PEOPLE WHO DRESS IN A SEXUALLY ATTRACTIVE MANNER ARE ASKING FOR SEXUAL COMMENTS
8. ONLY MEN CAN SEXUALLY HARASS WOMEN
9. ONLY WOMEN ENCOUNTER HARSSMENT
10. THERE IS NOTHING THAT CAN BE DONE ABOUT SEXUAL HARASSMENT

**Consent is IMPORTANT! It must be:**

**CLEAR, COHERENT, WILLING, ONGOING**

**NO  
MEANS  
NO**

- Absence of NO is not a YES!
- Silence is NOT a consent!
- "I'm not sure", "I don't know", "Maybe" or anything similar is NOT a YES!
- Consent should be given freely and willingly, any YES that comes out of fear of being threatened and blackmailed is NOT a YES!
- People incapacitated by drugs and alcohol cannot give consent.
- Consent must be granted everytime.

# WHAT TO DO IF YOU ARE **SEXUALLY HARASSED?**

**1**



## **Tell off the harasser!**

Clearly and firmly state that you object his or her advanced behaviour.  
Set boundaries.

**2**



## **Record each incident in writing**

Describe it in full details including date, time, place, witness and evidence if there is any. These are important for taking action later!

**3**



## **Get emotional support**

Speak to your colleagues, friends, coursemate, family, housemate etc.

**4**



## **Make a police report!**

You can contact organisations for help such as WOA, AWAM, SIS and WCC

## **WHAT IF IT HAPPENS ON CAMPUS?**

**You can immediately report the incident to:  
your respective Faculty or Institute or  
Student Affairs and Alumni Division.**

**Email: [saaenquiries@ucsiuniversity.edu.my](mailto:saaenquiries@ucsiuniversity.edu.my)**

**Location: Level 9, Block G, UCSI University (KL Campus)**

**Facebook Page: UCSI SAA**

**Need emotional support? You are NOT alone!**

**Contact Student Development and Counselling Department:**

**Email: [sacounselling@ucsiuniversity.edu.my](mailto:sacounselling@ucsiuniversity.edu.my)**

**Call: 03-9101 8880 ext 2435/2086/2088**

**Facebook Page: UCSISDCD**

# EVERYONE IS RESPONSIBLE IN CREATING A FAIR, SAFE AND RESPECTFUL ENVIRONMENT

Positive cultural change can be realised when individuals collectively acknowledge the need to cease harassing behaviour and actively support one another.

## Trust Yourself

Sexual misconduct is often disguised as "a joke" and that you need to "lighten up!". If you think it is a harassment - patronising, taunting or predatory behaviour - chances are it is worth taking it seriously.

## Speak Up

Ask the harasser to STOP and confidently report it to the higher authorities without fear.

## Know Your Options

Understand the law, protocols and channels to report misconduct and sexual harassment.

## Stand Up For Yourself and Others

Personal boundaries should never be crossed. Call out harassing, bullying or harming behaviour by saying it makes you or someone else uncomfortable.

## Make No Excuses

Alcohol increases the likelihood of sexual misconduct. It should never be used as an excuse or a source of blame. Know and stick to your limits.

## Be Thoughtful

What you do or say matters. Your actions can help create a fair, safe and respectful environment and free from sexual harassment.

## Dont Make Assumptions

Never force a conversation or try to badger someone into a different viewpoint on what is acceptable behaviour - especially when it relates to their body or sex.

## Be Curious

You might find it surprising what some people find okay and others find discomforting. Ask questions. Learn to listen closely and educate yourself on the real-life consequences of sexual harassment.

## Embrace a Deep Appreciation of Equality

Treat everybody with the same level of respect, curiosity and engagement. Aside from personal friendships, maintain a constant standard of how casual or friendly you are that is applied to everyone.